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Import or export your roster

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Bring athletes in from a spreadsheet file, or download your roster as one.

You can move your roster in and out as a CSV file, a simple spreadsheet file that Excel and Google Sheets can open and save.

Import athletes

1. In **My Team**, open **Roster**.
2. Select **Import CSV** and pick the file from your computer.
3. Wait for the message, for example "Import: created 12, updated 3, skipped 0".

Athletes already on your roster are updated instead of added twice. Groups named in the file are created if they don't exist yet.

Export your roster

1. On **Roster**, select **Export CSV**.
2. The file downloads. Open it in Excel or Google Sheets.

Tip

Not sure how to lay out your file? Export first, then use that file as your pattern.

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