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Your Dashboard at a glance

Revision 2026-10-10

What each card on your Dashboard shows and where its buttons go.

The Dashboard is your coaching home. Select **Dashboard** at the top of the side menu to open it.

The cards

- **Practice**: **NEXT PRACTICE** shows the day, time, place and length of your next practice. **THIS WEEK** adds up **Practices**, **Hours** and **Techniques**. Select **Plan Practice** to write or open its plan.
- **Calendar**: **UPCOMING** lists your next few events. Select **+ Add Event** to add one without leaving the Dashboard.
- **Season Countdown**: which week of the season you're in.
- **Season Schedule**: how many duals, tournaments and practices are left.
- **Curriculum**: counts of **Positions**, **Systems**, **Moves** and **Finishes**, plus **CURRICULUM BREAKDOWN** and **MOST PRACTICED**. Switch **MOST PRACTICED** between **30 Days**, **Season** and **All Time**.
- **Planner**: **PLANNING STATUS** shows how many upcoming practices still need a plan, for example "2 PRACTICES NEED A PLAN."
- **Team Notes**: your team's most recent notes, with who wrote each one and when. Select a note to open it.
- **Team Journals**: who journaled today, team streaks and athletes to follow up. See See who journaled today.

About the Moves count

The Moves box shows two numbers:

- **unique**: how many different moves you have.

- **in pathways**: every time a move appears in a pathway. A move used in two pathways counts twice, so this number can be bigger.

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