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Pause, resume, reset, or exit a timer

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Use the shared Start, Pause, Resume, Reset, and Exit controls in any timer mode.

Every timer mode uses the same transport controls.

Controls

1. Tap **Start** to begin (or after a reset).
2. Tap **Pause** while the clock is running.
3. Tap **Resume** when the clock is paused.
4. Tap **Reset** to clear the current run and start over from the beginning of the session setup.
5. Tap **Exit** to leave the timer. If you opened a drill from Practice, this control may say **End Drill** instead.

End confirmation

1. When you leave a running or paused session, the app asks **End Timer?**
2. Tap **Keep Running** to stay on the timer.
3. Tap **End Timer** to stop and leave. The message says: **Leaving will end the timer.**

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