

Open drill timers from Practice

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Launch a drill timer while a Practice Timer session is running.

Start a drill without ending your Practice Timer session.

Open the Drill Timers panel

1. Start a **PRACTICE TIMER** session so the running screen shows **PRACTICE**.
2. Tap **Drill Timers**.
3. In the panel titled **Drill Timers**, pick a mode: **STANCE AND MOTION**, **LIVE GOES**, **FULL MATCH**, or **MAN IN THE MIDDLE**.
4. Finish that drill's setup steps, then start it.
5. Tap **Back** to return to the mode list, or **Close** to dismiss the panel and return to Practice.

While a drill runs inside Practice, use **End Drill** to leave the drill and keep Practice going. See [Pause, resume, reset, or exit a timer](#) for shared controls.
