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Choose arena music for a timer

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Pick a playlist or No Music on the Arena Music setup step.

Most timer setups include an **ARENA MUSIC** step before **READY TO START**.

Pick music for the session

1. In a timer setup (for example Practice Timer or a drill), continue until **ARENA MUSIC**.
2. Pick a playlist, or choose **No Music**.
3. Use **Download playlists from the server** if you need more playlists from Concessions.
4. Continue to **READY TO START**, then tap **START**.

Depending on your music defaults, the list can also show options such as Wrestling Timer downloads, Apple Music, or Spotify. You can change defaults later under **SETTINGS → Music Settings**.

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