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Your subscription

Revision 2026-10-11

See access status, pick a plan, restore purchases, or manage billing in the App Store.

Access can come from an Apple purchase or a team license. Team licenses are managed by your coach.

Check access

1. Tap **More**, then **Subscription Settings**.
2. Under **Access**, see whether **Status** is **Active** or **Inactive**, and whether **Source** is **Apple purchase** or **Team license**.
3. If you have an Apple plan, **Active products** shows which one (for example **Monthly**).

Subscribe or change plan

1. Tap **Subscribe** (or **Change plan** if you already have an Apple subscription).
2. Pick **Monthly**, **Annual**, or **Lifetime** and follow the Apple prompts.

1. Already paid on this Apple account? Tap **Restore purchases**.
2. To cancel or manage billing, tap **Manage in App Store**.

If Lifetime is blocked while Monthly or Annual is active, the app tells you to cancel Monthly or Annual in **Manage in App Store** before buying Lifetime.

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