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Sign in and reset your password

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Sign in to The Wrestling Journal, or reset a forgotten password.

Sign in

1. Open The Wrestling Journal app.
2. Make sure the **Sign In** tab is selected. (New here? Use the **Create Account** tab. See Download and create your account.)
3. Type your email in **Email**.
4. Type your password in **Password (8+ characters)**.
5. Tap **Sign In**.

If you haven't verified yet, the app brings you back to **Verify email**.

Forgot password?

1. On **Sign In**, tap **Forgot password?**
2. On **Reset password**, check the **Email** field, then tap **Email me a code**.
3. When the email arrives, type the **6-digit code** and a **New password (8+ characters)**.
4. Tap **Reset password**.

The app says a reset code was sent if an account exists for that email, and that it expires in 30 minutes. Tap **Send a new code** if you need another one. Tap **Cancel** to close without changing anything.

Restoring a deleted account within 30 days uses the same reset flow, or **Sign In**. See Delete your account.

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