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Coach comments and Inbox

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Open coach comments from Inbox or from the Home banner.

When your coach comments on a goal or a journal entry, it shows up in your **Inbox**.

Open Inbox

1. Tap **More**, then **Inbox**.
2. Or on **Home**, tap the banner that says something like "1 new coach comment" (**Tap to open Inbox**).
3. Tap a comment to open the goal or journal entry it's about.
4. Tap **Mark all read** to clear the new-comment count.

Unread comments show a green dot. If the list is empty, Inbox says **No coach comments yet.**

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