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Add your season

Revision 2026-10-11

Start one active season with a name and wrestling style.

During **Get set** (step 4 of 5), after access is ready, you start one active season for this year's goals.

Create the season

1. Type a **Season name**. The app often fills in something like this year's wrestling season for you.
2. Pick a **Style** from the wheel (for example Folkstyle).
3. Tap **Create season**.

Change it later

To add or switch seasons after setup, tap **More**, then **Seasons**.

Next

Add goals of each type: Set your first goals.

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